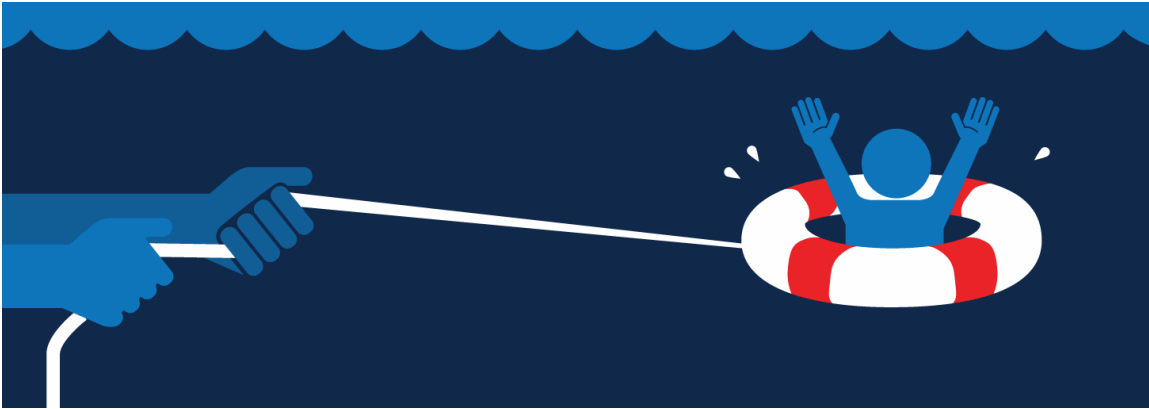




Heroes



<i>Reflection</i> Respond in a journal or create a portfolio blog.	<i>Evidence</i> Provide evidence of your progress in this condition. Below are some examples.
What adult role models can you currently turn to for support and advice? How can you increase the number of positive role models in your life? What do students and teachers respect about you? How do you show others that you respect them? How are you inspirational to other people?	Provide evidence of your being a positive role model at school or in your community. Provide an adult testimonial relating to how you show respect to adults and your peers. Evidence that shows you increasing your network of supportive adult role models. Examples of school work that demonstrate your ability to support and respect other students.

To build your Heroes portfolio you can:

- Interview someone you think is a Hero. Present your findings so others can learn about this person.
- Develop a scrapbook representing Heroes you read about in the newspaper. Be prepared to explain why you think each person is a Hero.
- Make a plan to build a relationship with at least one new adult at school. The adult might include a teacher, counselor, or coach.
- Ask a teacher or administrator to connect you with a graduate he/she feels would be a good mentor for you. Choose a graduate who is pursuing a post-secondary path that interests you. Document your communication with this graduate.
- Provide evidence of your understanding of the condition of Heroes through your school writing assignments, history assignment or any other class assignment.
- Demonstrate the ways you respect your peers.
- Develop an opportunity to mentor a younger student on a consistent basis.