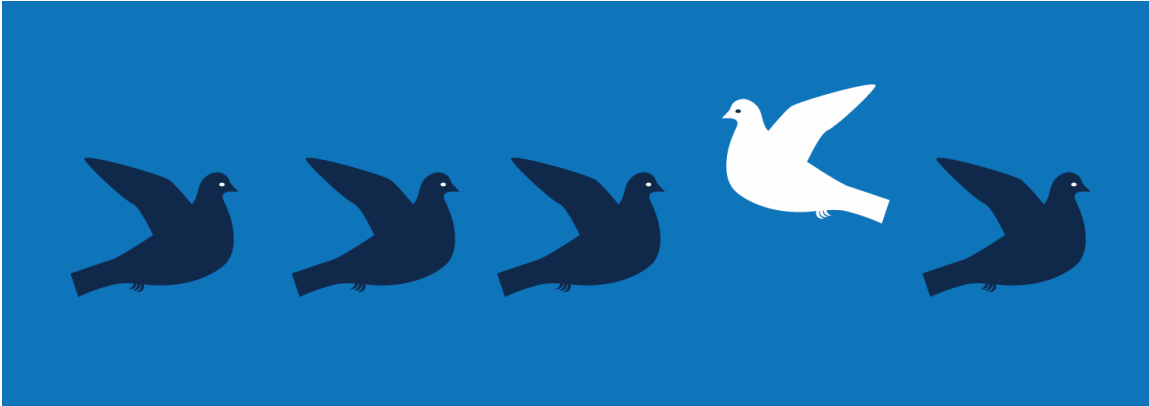




## Belonging



<p><i>Reflection</i></p> <p>Respond in a journal or create a portfolio blog.</p>	<p><i>Samples</i></p> <p>Provide samples of Belonging in your life. Below are some examples.</p>
<p>What clubs or activities do you participate in on a regular basis? What clubs or activities would you like to participate in sometime in the future?</p> <p>How do you express your individuality in a productive way at school?</p> <p>How are you supportive of students who are different from you?</p>	<p>Provide samples of your belonging to a group. This might include group photos, examples of group projects, or a list of clubs to which you belong.</p> <p>Provide a sample of your individuality. This can be anything that represents your uniqueness.</p> <p>Include a list of your favorite books, songs, and movies. This list should highlight your interests.</p>

*Actions you can take now to support Belonging:*

- Introduce yourself to two adults at school who do not know your name.
- Be a friend to a new student at school.
- Show your school pride by attending after school sporting events or plays.

*To build your Belonging portfolio you can:*

- Become involved in a school club or organization.
- Do something to increase school pride. Document your action.
- Take action to address issues of bullying at your school. This might include becoming involved with a school committee, attending sessions to learn about bullying, or organizing a bullying awareness day.

## **Belonging in Your Life**

Check all that apply to you.

- \_\_\_\_\_  I am proud of my school.
- \_\_\_\_\_  I accept students for who they are.
- \_\_\_\_\_  I do not bully other students.
- \_\_\_\_\_  I help other students fit in at school.
- \_\_\_\_\_  I do not make fun of other students.

Focus on one of the above statements that does not have a check mark. Write a personal action plan to improve in that area. For example, you might choose, "I am proud of my school." What could you do to increase school pride?