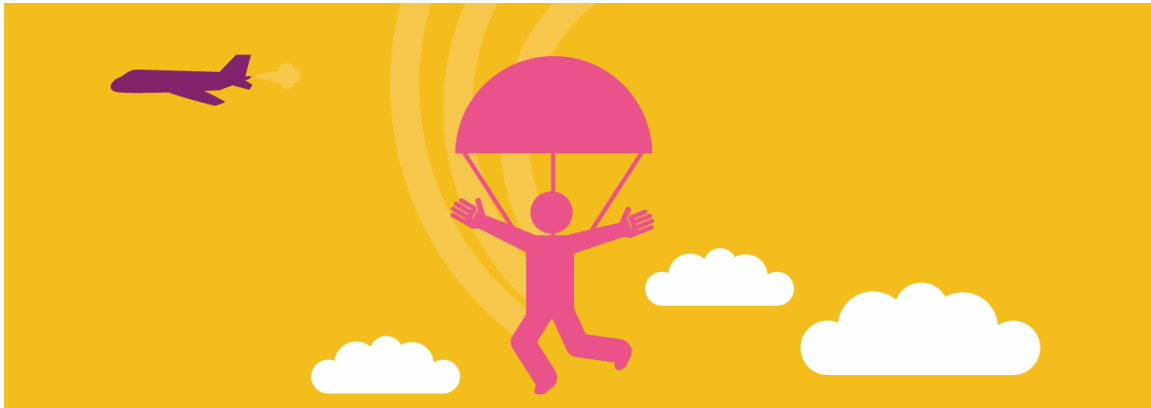




## Spirit of Adventure



<p><i>Reflection</i></p> <p>Respond in a journal or create a portfolio blog.</p>	<p><i>Samples</i></p> <p>Provide samples of Spirit of Adventure in your life. Below are some examples.</p>
<p>How do you challenge yourself at school?</p> <p>How do you support your friends who want to do well in school?</p> <p>What types of goals do you have for yourself?</p>	<p>Show an example of a goal you set for yourself and describe how you achieved this goal.</p> <p>Include an example of a time you challenged yourself at school instead of taking the easy way out.</p> <p>Provide a list of at least ten challenges you would like to do someday. The challenges might include: going to college, learning to drive, or parachuting.</p>

Actions you can take now to support Spirit of Adventure:

- Think about and learn from your mistakes.
- Do extra credit assignments just to learn more and challenge yourself.
- Be proud of your school's successes and support your friends when they are successful at school.

To build your Spirit of Adventure portfolio you can:

- Do something that you think sounds hard to do. This might include: speaking in front of others, singing in public, trying out for a sports team.
- Choice courses and assignments that challenge you.
- Write a list of what you struggle with academically. Then think of how you can make these challenges easier for yourself.

### **Spirit of Adventure in Your Life**

Check all that apply to you.

- I tell my friends when I do well in school.
- I push myself to do my best at school.
- I believe I can be successful.
- I am willing to try something, even if I might fail.
- I think it is important to do well in school.

Focus on one of the above statements that does not have a check mark. Write a personal action plan to improve in that area. For example, you might choose, "I push myself to do my best at school." What can you do to push yourself to do better at school?